

DISCIPLINE SPECIFIC ELECTIVE-(DSE) Health, Illness and Culture

CREDIT DISTRIBUTION, ELIGIBILITY AND PRE-REQUISITES OF THE COURSE

| Course Title and Code | Credits | Credit distribution of the course | | | Eligibility criteria | Pre-requisite of the course (if any) |
|--|-----------|-----------------------------------|----------|--------------------|-----------------------|--------------------------------------|
| | | Lecture | Tutorial | Practical/Practice | | |
| DSE – Health, Illness and Culture | 04 | 03 | 0 | 01 | Class XII pass | NIL |

Course objectives:

1. To explore the varied social and cultural dimensions of health wellbeing, illness, and healing
2. To understand the role of ritual in healing, and the politics of health, among other issues, from an ethnographic and historical perspective

Learning Outcomes:

Upon successful completion of this course, students will be able to:

1. Comprehend historical and socio-cultural influences on health, illness, and healing
2. Recognize the alternatives to biomedical understandings of health, wellbeing illness, and cure
3. Understand the dynamics of mental health and wellbeing in diverse contexts

Syllabus : **45 hrs**

Unit 1 Anthropology of Health and Illness **08 hrs**

Anthropological engagements with health and Illness: Approaches from medical anthropology; Experiential health and Spiritual health. Anthropology of Healing.

Unit 2 Disease Classification **15 hrs**

Cultural etiologies and nosologies of selected common ailments in India. Mental health; Tribal health and medicine

Unit 3 Medical Pluralism **11 hrs**

Health Sectors, medical pluralism, ethno-medicine, ethno-psychiatry and folk healing: Religion and healing: Cases studies.

Unit 4 Health Policies **11 hrs**

Right to health, Contemporary Health Policies and community health engagement.

Practical : **30 Hours**

1. To collect medical biographies and narratives associated with health, illness and their management.
2. Prepare a research design on health and health seeking behavior in cross-cultural context.
3. Case Studies of healers and their healing practices.

Core Readings

1. Hahn, Robert A. 1999. *Anthropology in Public Health: Bridging Differences in Culture and Society*. New York: Oxford University Press.
2. Helman, Cecil. 2007. *Culture, health, and illness*. London: Oxford University Press.
3. Gaur,Mokshika and Soumendra Patnaik 2011 Who is Healthy among the Korwa ? Liminality in the Experiential Health of the Displaced Korwa of Central India *Medical Anthropology Quarterly* .
4. James, A. Trostle.2005. *Epidemiology and Culture*, Cambridge University

Suggested Reading

1. Joralemon, Donald. 2017. *Exploring medical anthropology*. London, UK: Routledge.P
2. Lenore Manderson, Elizabeth Cartwright, Anita Hardon.2018. *Handbook of Medical Anthropology*. New York: Routledge.
3. Michael Winkelman. 2009. *Culture and Health: Applying Medical Anthropology*. USA: Jossey-Bass.

Examination and Assessment

Examination and assessment will be carried out as per the University of Delhi guidelines and notifications issued from time to time.